Na	m	۰.
110		с.

Date of Birth:

Date Filled:

## GAD-7

Over the <u>last 2 weeks</u> , how often have you been bothered by the following problems?	Not at all	Several days	More than half the days	Nearly every day		
(Use "✔" to indicate your answer)						
1. Feeling nervous, anxious or on edge	0	1	2	3		
2. Not being able to stop or control worrying	0	1	2	3		
3. Worrying too much about different things	0	1	2	3		
4. Trouble relaxing	0	1	2	3		
<b>5.</b> Being so restless that it is hard to sit still	0	1	2	3		
6. Becoming easily annoyed or irritable	0	1	2	3		
<ol> <li>Feeling afraid as if something awful might happen</li> </ol>	0	1	2	3		
(For office coding: Total Score T = + +)						

Developed by Drs. Robert L. Spitzer, Janet B.W. Williams, Kurt Kroenke and colleagues, with an educational grant from Pfizer Inc. No permission required to reproduce, translate, display or distribute.